



New inequalities for the triangle

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ABSTRACT. In this paper we will prove some new inequalities for the triangle. Among these, we will improve Euler's Inequality, Mitrinović's Inequality and Weitzenböck's Inequality, thus:

$$R \geq \frac{4}{\sum_{cyclic} \sqrt{F_\lambda \left(\frac{1}{h_a}, \frac{1}{h_b} \right) (n)}} \geq 2r; \quad s \geq \frac{1}{2} \sum_{cyclic} \sqrt{F_\lambda (s-a, s-b) (n)} \geq 3\sqrt{3}r;$$

and

$$a^{2\alpha} + b^{2\alpha} + c^{2\alpha} \geq \frac{1}{2} \sum_{cyclic} \sqrt{F_\lambda (a^{2\alpha}, b^{2\alpha}) (n)} \geq 3 \left(\frac{4\Delta}{\sqrt{3}} \right)^\alpha,$$

where $F_\lambda (x, y) (n) = [(1 + (1 - 2\lambda)^n) x + (1 - (1 - 2\lambda)^n) y] \cdot [(1 - (1 - 2\lambda)^n) + (1 + (1 - 2\lambda)^n) y]$, with $\lambda \in [0, 1]$, for any $x, y \geq 0$ and for all integers $n \geq 0$.

1. INTRODUCTION

Among well known the geometric inequalities, we recall the famous inequality of Euler, $R \geq 2r$, the inequality of Mitrinović, $s \geq 3\sqrt{3}r$, and in the year 1919 Weitzenböck published in *Mathematische Zeitschrift* the following inequality,

$$a^2 + b^2 + c^2 \geq 4\sqrt{3}\Delta.$$

This inequality later, in 1961, was given at the International Mathematical Olympiad. In 1927, this inequality appeared as the generalization

$$\Delta \leq \frac{\sqrt{3}}{4} \left(\frac{a^k + b^k + c^k}{3} \right)^{\frac{2}{k}},$$

in one of the issues of the *American Mathematical Monthly*. For $k = 2$, we obtain the Weitzenböck Inequality.

In this paper we will prove several improvements for these inequalities.

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2. MAIN RESULTS

In the following, we will use the notations: a, b, c – the lengths of the sides, h_a, h_b, h_c – the lengths of the altitudes, r_a, r_b, r_c – the radii of the excircles, s is the semi-perimeter; R is the circumradius, r – the inradius, and Δ – the area of the triangle ABC .

Lemma 2.1 If $x, y \geq 0$ and $\lambda \in [0, 1]$, then the inequality

$$\left(\frac{x+y}{2}\right)^2 \geq [(1-\lambda)x + \lambda y] \cdot [\lambda x + (1-\lambda)y] \geq xy \quad (2.1)$$

holds.

Proof. The inequality

$$\left(\frac{x+y}{2}\right)^2 \geq [(1-\lambda)x + \lambda y] \cdot [\lambda x + (1-\lambda)y]$$

is equivalent to

$$(1-2\lambda)^2 x^2 - 2(1-2\lambda)^2 xy + (1-2\lambda)^2 y^2 \geq 0,$$

which means that

$$(1-2\lambda)^2 (x-y)^2 \geq 0,$$

which is true. The equality holds if and only if $\lambda = \frac{1}{2}$ or $x = y$.

The inequality

$$[(1-\lambda)x + \lambda y] \cdot [\lambda x + (1-\lambda)y] \geq xy$$

becomes

$$\lambda(1-\lambda)x^2 - 2\lambda(1-\lambda)xy + \lambda(1-\lambda)y^2 \geq 0$$

Therefore, we obtain

$$\lambda(1-\lambda)(x-y)^2 \geq 0,$$

which is true, because $\lambda \in [0, 1]$. The equality holds if and only if $\lambda \in \{0, 1\}$ or $x = y$.

We consider the expression

$$F_\lambda(x, y)(n) = [(1 + (1 - 2\lambda)^n)x + (1 - (1 - 2\lambda)^n)y].$$

$$\cdot [(1 - (1 - 2\lambda)^n)x + (1 + (1 - 2\lambda)^n)y],$$

with $\lambda \in [0, 1]$, for any $x, y \geq 0$, and for all integers $n \geq 0$.

Theorem 2.2 There are the following relations:

$$F_\lambda((1 - \lambda)x + \lambda y, \lambda x + (1 - \lambda)y)(n) = F_\lambda(x, y)(n + 1); \quad (2.2)$$

$$F_\lambda(x, y)(n + 1) \geq F_\lambda(x, y)(n) \quad (2.3)$$

and

$$(x + y)^2 \geq F_\lambda(x, y)(n) \geq 4xy, \quad (2.4)$$

for any $\lambda \in [0, 1]$, for any $x, y \geq 0$ and all integers $n \geq 0$.

Proof. We make the following calculation:

$$\begin{aligned} & F_\lambda((1 - \lambda)x + \lambda y, \lambda x + (1 - \lambda)y)(n) = \\ & = [(1 + (1 - 2\lambda)^n)((1 - \lambda)x + \lambda y) + (1 - (1 - 2\lambda)^n)(\lambda x + (1 - \lambda)y)] \cdot \\ & \cdot [(1 - (1 - 2\lambda)^n)((1 - \lambda)x + \lambda y) + (1 + (1 - 2\lambda)^n)(\lambda x + (1 - \lambda)y)] = \\ & = \{[1 - \lambda + (1 - \lambda)(1 - 2\lambda)^n + \lambda - \lambda(1 - 2\lambda)^n]x + \\ & + [\lambda + \lambda(1 - 2\lambda)^n + 1 - \lambda - (1 - \lambda)(1 - 2\lambda)^n]y\} \\ & \cdot \{[1 - \lambda - (1 - \lambda)(1 - 2\lambda)^n + \lambda + \lambda(1 - 2\lambda)^n]x + \\ & + [\lambda - (1 - 2\lambda)^n + 1 - \lambda + (1 - \lambda)(1 - 2\lambda)^n]y\} = \\ & = \left[(1 + (1 - 2\lambda)^{n+1})x + (1 - (1 - 2\lambda)^{n+1})y \right] \\ & \left[(1 - (1 - 2\lambda)^{n+1})x + (1 + (1 - 2\lambda)^{n+1})y \right] = \end{aligned}$$

$$= F_\lambda(x, y)(n+1),$$

so $F_\lambda((1-\lambda)x + \lambda y, \lambda x + (1-\lambda)y)(n) = F_\lambda(x, y)(n+1)$.

We use the induction on n . For $n = 0$, we obtain the inequality

$$F_\lambda(x, y)(1) \geq F_\lambda(x, y)(0).$$

Therefore, we deduce the following inequality:

$$4[(1-\lambda)x + \lambda y] \cdot [\lambda x + (1-\lambda)y] \geq 4xy,$$

which is true, from Lemma 2.1.

We assume it is true for every integer $\leq n$, so

$$F_\lambda(x, y)(n+1) \geq F_\lambda(x, y)(n)$$

We will prove that

$$F_\lambda(x, y)(n+2) \geq F_\lambda(x, y)(n+1). \quad (2.5)$$

Using the substitutions $x \rightarrow (1-\lambda)x + \lambda y$ and $y \rightarrow \lambda x + (1-\lambda)y$ in the inequality (2.3), we deduce

$$\begin{aligned} F_\lambda((1-\lambda)x + \lambda y, \lambda x + (1-\lambda)y)(n+1) &\geq \\ &\geq F_\lambda((1-\lambda)x + \lambda y, \lambda x + (1-\lambda)y)(n), \end{aligned}$$

so, from equality (2.2), we have

$$F_\lambda(x, y)(n+2) \geq F_\lambda(x, y)(n+1).$$

so we obtain (2.6).

According to inequality (2.3), we can write the sequence of inequalities

$$F_\lambda(x, y)(n) \geq F_\lambda(x, y)(n-1) \geq \dots \geq F_\lambda(x, y)(1) \geq F_\lambda(x, y)(0) = 4xy.$$

Therefore, we have

$$F_\lambda(x, y)(n) \geq 4xy, \text{ for any } \lambda \in [0, 1], x, y \geq 0 \text{ and for all integers } n \geq 0.$$

If $\lambda \in (0, 1)$, then $1 - 2\lambda \in (-1, 1)$ and passing to limit when $n \rightarrow \infty$, we obtain

$$\lim_{n \rightarrow \infty} F_\lambda(x, y)(n) = (x + y)^2.$$

Since the sequence $(F_\lambda(x, y)(n))_{n \geq 0}$ is increasing, we deduce

$$(x + y)^2 \geq F_\lambda(x, y)(n), \text{ for any } \lambda \in (0, 1), x, y \geq 0 \text{ and for all integers } n \geq 0.$$

From the inequalities above we have that

$$(x + y)^2 \geq F_\lambda(x, y)(n) \geq 4xy, \text{ for any } \lambda \in (0, 1), x, y \geq 0 \text{ and for all integers } n \geq 0.$$

If $\lambda = 0$ and $\lambda = 1$, then $F_\lambda(x, y)(n) = 4xy$, so

$$(x + y)^2 \geq F_\lambda(x, y)(n) \geq 4xy.$$

It follows that

$$(x + y)^2 \geq F_\lambda(x, y)(n) \geq 4xy, \text{ for any } \lambda \in [0, 1], x, y \geq 0 \text{ and for all integers } n \geq 0.$$

Thus, the proof of Theorem 2.2 is complete.

Remark 1. *It is easy to see that there is the sequence of inequalities*

$$(x + y)^2 \geq \dots \geq F_\lambda(x, y)(n) \geq F_\lambda(x, y)(n - 1) \geq \dots$$

$$\dots \geq F_\lambda(x, y)(1) \geq F_\lambda(x, y)(0) = 4xy. \quad (2.6)$$

Corollary 2.3. There are the following inequalities:

$$x + y \geq \sqrt{F_\lambda(x, y)(n)} \geq 2\sqrt{xy}; \quad (2.7)$$

$$x^2 + y^2 \geq \sqrt{F_\lambda(x^2, y^2)(n)} \geq 2xy; \quad (2.8)$$

$$x + y + z \geq \frac{1}{2} \sum_{cyclic} \sqrt{F_\lambda(x, y)(n)} \geq \sqrt{xy} + \sqrt{yz} + \sqrt{zx}; \quad (2.9)$$

$$x^2 + y^2 + z^2 \geq \frac{1}{2} \sum_{cyclic} \sqrt{F_\lambda(x^2, y^2)(n)} \geq xy + yz + zx; \quad (2.10)$$

$$x^2 + y^2 + z^2 + xy + yz + zx \geq \frac{1}{2} \sum_{cyclic} F_\lambda(x, y)(n) \geq 2(xy + yz + zx) \quad (2.11)$$

and

$$(x + y)(y + z)(z + x) \geq \sqrt{\prod_{cyclic} F_\lambda(x, y)(n)} \geq 8xyz, \quad (2.12)$$

for any $\lambda \in [0, 1]$, for any $x, y \geq 0$, and for all integers $n \geq 0$.

Proof. From Theorem 2.2, we easily deduce inequality (2.7). Using the substitutions $x \rightarrow x^2$ and $y \rightarrow y^2$ in inequality (2.7), we obtain inequality (2.8). Similarly to inequality (2.7), $x + y \geq \sqrt{F_\lambda(x, y)(n)} \geq 2\sqrt{xy}$, we can write the following inequalities:

$$y + z \geq \sqrt{F_\lambda(y, z)(n)} \geq 2\sqrt{yz} \text{ and } z + x \geq \sqrt{F_\lambda(z, x)(n)} \geq 2\sqrt{zx},$$

which means, by adding, that

$$x + y + z \geq \frac{1}{2} \sum_{cyclic} \sqrt{F_\lambda(x, y)(n)} \geq \sqrt{xy} + \sqrt{yz} + \sqrt{zx}.$$

It is easy to see that, by making the substitutions $x \rightarrow x^2$ and $y \rightarrow y^2$ in inequality (2.9), we obtain inequality (2.10). Similar to inequality (2.4), $(x + y)^2 \geq F_\lambda(x, y)(n) \geq 4xy$, we obtain the following inequalities:

$$(y + z)^2 \geq F_\lambda(y, z)(n) \geq 4yz \text{ and } (z + x)^2 \geq F_\lambda(z, x)(n) \geq 4zx.$$

By adding them, we have inequality (2.11) and by multiplying them, we obtain inequality (2.12).

Lemma 2.4 For any triangle ABC, the following inequality,

$$\sqrt{ab} + \sqrt{bc} + \sqrt{ca} \geq \frac{4\Delta}{R}, \quad (2.13)$$

holds.

Proof. We apply the arithmetic-geometric mean inequality and we find that

$$\sqrt{ab} + \sqrt{bc} + \sqrt{ca} \geq 3\sqrt[3]{abc}.$$

It is sufficient to show that

$$3\sqrt[3]{abc} \geq \frac{4\Delta}{R}. \quad (2.14)$$

Inequality (2.14) is equivalent to

$$27abc \geq \frac{64\Delta^3}{R^3},$$

so

$$27 \cdot 4R\Delta \geq \frac{64\Delta^3}{R^3},$$

which means that

$$27R^4 \geq 16\Delta^2. \quad (2.15)$$

Using Mitrinović's Inequality, $3\sqrt{3}R \geq 2s$, and Euler's Inequality $R \geq 2r$, we deduce, by multiplication, that

$$3\sqrt{3}R^2 \geq 4\Delta.$$

It follows (2.15).

Corollary 2.5. In any triangle ABC, there are the following inequalities:

$$R \geq \frac{4}{\sum_{cyclic} \sqrt{F_\lambda \left(\frac{1}{h_a}, \frac{1}{h_b} \right) (n)}} \geq 2r; \quad (2.16)$$

$$s \geq \frac{1}{2} \sum_{cyclic} \sqrt{F_\lambda (s-a, s-b) (n)} \geq 3\sqrt{3}r \quad (2.17)$$

and

$$a^{2\alpha} + b^{2\alpha} + c^{2\alpha} \geq \frac{1}{2} \sum_{cyclic} \sqrt{F_\lambda (a^{2\alpha}, b^{2\alpha}) (n)} \geq 3 \left(\frac{4\Delta}{\sqrt{3}} \right)^\alpha, \quad (2.18)$$

for any $\lambda \in [0, 1]$, $x, y \geq 0$, $n \geq 0$ and α is a real numbers.

Proof. Making the substitutions $x = \frac{1}{h_a}$, $y = \frac{1}{h_b}$ and $z = \frac{1}{h_c}$ in inequality (2.9), we obtain

$$\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} \geq \frac{1}{2} \sum_{cyclic} \sqrt{F_\lambda \left(\frac{1}{h_a}, \frac{1}{h_b} \right) (n)} \geq \frac{1}{\sqrt{h_a h_b}} + \frac{1}{\sqrt{h_b h_c}} + \frac{1}{\sqrt{h_c h_a}}. \quad (2.19)$$

According to the equalities

$$h_a = \frac{2\Delta}{a}, h_b = \frac{2\Delta}{b} \text{ and } h_c = \frac{2\Delta}{c},$$

we have

$$\frac{1}{\sqrt{h_a h_b}} + \frac{1}{\sqrt{h_b h_c}} + \frac{1}{\sqrt{h_c h_a}} = \frac{1}{2\Delta} (\sqrt{ab} + \sqrt{bc} + \sqrt{ca}).$$

From Lemma 2.4, we deduce

$$\frac{1}{\sqrt{h_a h_b}} + \frac{1}{\sqrt{h_b h_c}} + \frac{1}{\sqrt{h_c h_a}} \geq \frac{2}{R}.$$

If we use the identity

$$\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} = \frac{1}{r}$$

and inequality from above then inequality (2.18) becomes

$$\frac{1}{r} \geq \frac{1}{2} \sum_{cyclic} \sqrt{F_\lambda \left(\frac{1}{h_a}, \frac{1}{h_b} \right) (n)} \geq \frac{2}{R}. \quad (2.20)$$

Consequently the inequalities (2.16) follows.

If in inequality (2.9) we take $x = s - a, y = s - b$ and $z = s - c$, then we deduce the inequality

$$\begin{aligned} s &\geq \frac{1}{2} \sum_{cyclic} \sqrt{F_\lambda (s - a, s - b) (n)} \geq \\ &\geq \sqrt{(s - a)(s - b)} + \sqrt{(s - b)(s - c)} + \sqrt{(s - c)(s - a)}. \end{aligned} \quad (2.21)$$

But, we know the identity $\sum_{cyclic} \sqrt{(s - a)(s - b)} = \sum_{cyclic} \sqrt{bc} \sin \frac{A}{2}$.

Using the arithmetic-geometric mean inequality, we obtain

$$\begin{aligned} \sum_{cyclic} \sqrt{bc} \sin \frac{A}{2} &\geq 3 \sqrt[3]{abc \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2}} = 3 \sqrt[3]{4R\Delta \cdot \frac{r}{4R}} = \\ &= 3 \sqrt[3]{\Delta r} = 3 \sqrt[3]{sr^2} \geq 3 \sqrt[3]{3\sqrt{3}r^3} = 3\sqrt{3}r. \end{aligned}$$

Hence,

$$\sqrt{(s-a)(s-b)} + \sqrt{(s-b)(s-c)} + \sqrt{(s-c)(s-a)} \geq 3\sqrt{3}r, \quad (2.22)$$

which means, according to inequalities (2.21) and (2.22), that

$$s \geq \frac{1}{2} \sum_{cyclic} \sqrt{F_\lambda(s-a, s-b)(n)} \geq 3\sqrt{3}r.$$

Making the substitutions $x = a^\alpha$, $y = b^\alpha$, and $z = c^\alpha$ in inequality (2.9), we obtain the following inequality:

$$a^{2\alpha} + b^{2\alpha} + c^{2\alpha} \geq \frac{1}{2} \sum_{cyclic} \sqrt{F_\lambda(a^{2\alpha}, b^{2\alpha})(n)} \geq a^\alpha b^\alpha + b^\alpha c^\alpha + c^\alpha a^\alpha. \quad (2.23)$$

Applying the arithmetic-geometric mean inequality and Pólya-Szegő's Inequality, $\sqrt[3]{a^2 b^2 c^2} \geq \frac{4\Delta}{\sqrt{3}}$, we deduce

$$a^\alpha b^\alpha + b^\alpha c^\alpha + c^\alpha a^\alpha \geq \sqrt[3]{(a^2 b^2 c^2)^\alpha} = 3 \left(\sqrt[3]{a^2 b^2 c^2} \right)^\alpha \geq 3 \left(\frac{4\Delta}{\sqrt{3}} \right)^\alpha,$$

so

$$a^\alpha b^\alpha + b^\alpha c^\alpha + c^\alpha a^\alpha \geq 3 \left(\frac{4\Delta}{\sqrt{3}} \right)^\alpha. \quad (2.24)$$

According to inequalities (2.23) and (2.24), we obtain the inequality

$$a^{2\alpha} + b^{2\alpha} + c^{2\alpha} \geq \frac{1}{2} \sum_{cyclic} \sqrt{F_\lambda(a^{2\alpha}, b^{2\alpha})(n)} \geq 3 \left(\frac{4\Delta}{\sqrt{3}} \right)^\alpha.$$

Thus, the statement is true.

Remark 2. a) Inequality (2.16) implies the sequence of inequalities

$$\begin{aligned} R &\geq \frac{4}{\sum_{cyclic} \sqrt{F_\lambda\left(\frac{1}{h_a}, \frac{1}{h_b}\right)(0)}} \geq \dots \geq \frac{4}{\sum_{cyclic} \sqrt{F_\lambda\left(\frac{1}{h_a}, \frac{1}{h_b}\right)(n-1)}} \geq \\ &\geq \frac{4}{\sum_{cyclic} \sqrt{F_\lambda\left(\frac{1}{h_a}, \frac{1}{h_b}\right)(n)}} \geq \dots \geq 2r \end{aligned} \quad (2.25)$$

b) For $\alpha = 1$ in inequality (2.18), we obtain

$$a^2 + b^2 + c^2 \geq \frac{1}{2} \sum_{cyclic} \sqrt{F_\lambda(a^2, b^2)(n)} \geq 4\sqrt{3}\Delta, \quad (2.26)$$

which proves Weitzenböck's Inequality, namely

$$a^2 + b^2 + c^2 \geq 4\sqrt{3}\Delta.$$

Corollary 2.6. For any triangle ABC, there are the following inequalities:

$$2(s^2 - r^2 - 4Rr) \geq \frac{1}{2} \sum_{cyclic} \sqrt{F_\lambda(a^2, b^2)(n)} \geq s^2 + r^2 + 4Rr, \quad (2.27)$$

$$s^2 - 2r^2 - 8Rr \geq \frac{1}{2} \sum_{cyclic} \sqrt{F_\lambda((s-a)^2, (s-b)^2)(n)} \geq r(4R+r), \quad (2.28)$$

$$\frac{(s^2 + r^2 + 4Rr)^2 - 8s^2Rr}{4R^2} \geq \frac{1}{2} \sum_{cyclic} \sqrt{F_\lambda(h_a^2, h_b^2)(n)} \geq \frac{2s^2r}{R}, \quad (2.29)$$

$$(4R+r)^2 - 2s^2 \geq \frac{1}{2} \sum_{cyclic} \sqrt{F_\lambda(r_a^2, r_b^2)(n)} \geq s^2, \quad (2.30)$$

$$\frac{8R^2 + r^2 - s^2}{8R^2} \geq \frac{1}{2} \sum_{cyclic} \sqrt{F_\lambda\left(\sin^4 \frac{A}{2}, \sin^4 \frac{B}{2}\right)(n)} \geq \frac{s^2 + r^2 - 8Rr}{16R^2} \quad (2.31)$$

and

$$\begin{aligned} \frac{(4R+r)^2 - s^2}{4R^2} &\geq \frac{1}{2} \sum_{cyclic} \sqrt{F_\lambda\left(\cos^4 \frac{A}{2}, \cos^4 \frac{B}{2}\right)(n)} \geq \\ &\geq \frac{s^2 + (4R+r)^2}{8R^2}. \end{aligned} \quad (2.32)$$

Proof. According to Corollary 2.3 we have the inequality

$$x^2 + y^2 + z^2 \geq \frac{1}{2} \sum_{cyclic} \sqrt{F_\lambda(x^2, y^2)(n)} \geq xy + yz + zx.$$

Using the substitutions

$$(x, y, z) \in \left\{ (a, b, c), (s-a, s-b, s-c), (h_a, h_b, h_c), (r_a, r_b, r_c), \left(\sin^2 \frac{A}{2}, \sin^2 \frac{B}{2}, \sin^2 \frac{C}{2} \right), \left(\cos^2 \frac{A}{2}, \cos^2 \frac{B}{2}, \cos^2 \frac{C}{2} \right) \right\},$$

we deduce the inequalities required.

Corollary 2.7. In any triangle ABC , there are the following inequalities:

$$3s^2 - r^2 - 4Rr \geq \frac{1}{2} \sum_{cyclic} F_\lambda(a, b)(n) \geq 2(s^2 + r^2 + 4Rr), \quad (2.33)$$

$$s^2 - r^2 - 4Rr \geq \frac{1}{2} \sum_{cyclic} F_\lambda(s-a, s-b)(n) \geq 2r(4R+r), \quad (2.34)$$

$$\frac{(s^2 + r^2 + 4Rr)^2 - 8s^2Rr}{4R^2} \geq \frac{1}{2} \sum_{cyclic} F_\lambda(h_a, h_b)(n) \geq \frac{4s^2r}{R} \quad (2.35)$$

and

$$(4R+r)^2 - s^2 \geq \frac{1}{2} \sum_{cyclic} F_\lambda(r_a, r_b)(n) \geq 2s^2 \quad (2.36)$$

Proof. According to Corollary 2.3, we have the inequality

$$x^2 + y^2 + z^2 + xy + yz + zx \geq \frac{1}{2} \sum_{cyclic} F_\lambda(x, y)(n) \geq 2(xy + yz + zx).$$

Using the substitutions

$$(x, y, z) \in \{(a, b, c), (s-a, s-b, s-c), (h_a, h_b, h_c), (r_a, r_b, r_c)\}$$

we deduce the inequalities from the statement.

Corollary 2.8. For any triangle ABC there are the following inequalities:

$$2s(s^2 + r^2 + 2Rr) \geq \prod_{cyclic} \sqrt{F_\lambda(a, b)(n)} \geq 32sRr, \quad (2.37)$$

$$4sRr \geq \prod_{cyclic} \sqrt{F_\lambda((s-a), (s-b))(n)} \geq 8sr^2, \quad (2.38)$$

$$\frac{s^2 r (s^2 + r^2 + 4Rr)}{R^2} \geq \prod_{cyclic} \sqrt{F_\lambda (h_a, h_b) (n)} \geq \frac{16s^2 r^2}{R}, \quad (2.39)$$

$$4s^2 R \geq \prod_{cyclic} \sqrt{F_\lambda (r_a, r_b) (n)} \geq 8s^2 r, \quad (2.40)$$

$$\begin{aligned} \frac{(2R - r) (s^2 + r^2 - 8Rr) - 2Rr^2}{32R^3} &\geq \prod_{cyclic} \sqrt{F_\lambda \left(\sin^2 \frac{A}{2}, \sin^2 \frac{B}{2} \right) (n)} \geq \\ &\geq \frac{r^2}{2R^2} \end{aligned} \quad (2.41)$$

and

$$\frac{(4R + r)^3 + s^2 (2R + r)}{32R^3} \geq \prod_{cyclic} \sqrt{F_\lambda \left(\cos^2 \frac{A}{2}, \cos^2 \frac{B}{2} \right) (n)} \geq \frac{s^2}{2R^2} \quad (2.42)$$

Proof. According to Corollary 2.3, we have the inequality

$$(x + y) (y + z) (z + x) \geq \sqrt{\prod_{cyclic} F_\lambda (x, y) (n)} \geq 8xyz.$$

Using the substitutions

$$(x, y, z) \in \left\{ (a, b, c), (s - a, s - b, s - c), (h_a, h_b, h_c), (r_a, r_b, r_c), \left(\sin^2 \frac{A}{2}, \sin^2 \frac{B}{2}, \sin^2 \frac{C}{2} \right), \left(\cos^2 \frac{A}{2}, \cos^2 \frac{B}{2}, \cos^2 \frac{C}{2} \right) \right\},$$

we deduce the inequalities required.

Remark 3. From Corollary 2.7, we obtain the inequality

$$\begin{aligned} 2s (s^2 + r^2 + 2Rr) &\geq \prod_{cyclic} \sqrt{F_\lambda (a, b) (n)} \geq 32sRr \geq \\ &\geq 8 \prod_{cyclic} \sqrt{F_\lambda ((s - a), (s - b)) (n)} \geq 64sr^2. \end{aligned}$$

We consider the expression

$$G(x, y)(n) = \frac{xy(x^{n-1} + y^{n-1})(x^{n+1} + y^{n+1})}{(x^n + y^n)^2}, \quad (2.43)$$

where $x, y > 0$ and for all integers $n \geq 0$.

Theorem 2.9. For any $x, y > 0$ and for all integers $n \geq 0$, there are the following relations:

$$a) \left(\frac{x+y}{2}\right)^2 \geq G(x, y)(n) \geq xy \quad (2.44)$$

and

$$b) G(x, y)(n+1) \leq G(x, y)(n). \quad (2.45)$$

Proof. We take $\lambda = \frac{x^n}{x^n + y^n}$, for all integers $n \geq 0$, in inequality (2.1), because $\lambda \in (0, 1)$, and we deduce

$$\left(\frac{x+y}{2}\right)^2 \geq \frac{xy(x^{n-1} + y^{n-1})(x^{n+1} + y^{n+1})}{(x^n + y^n)^2} \geq xy,$$

so,

$$\left(\frac{x+y}{2}\right)^2 \geq G(x, y)(n) \geq xy.$$

To prove inequality (2.45), we can write

$$\begin{aligned} & \frac{G(x, y)(n+1)}{G(x, y)(n)} - 1 = \\ & = -\frac{(xy)^{n-1}(x-y)^2(x^2 + xy + y^2)(x^{2n} + x^{2n-1}y + x^{2n}y^2 + \dots + y^{2n})}{(x^{n+1} + y^{n+1})^3(x^{n-1} + y^{n-1})} \leq 0. \end{aligned}$$

Consequently, we have

$$G(x, y)(n+1) \leq G(x, y)(n).$$

Remark 4. It is easy to see that there is the sequence of inequalities

$$\frac{(x+y)^2}{4} = G(x, y)(0) \geq G(x, y)(1) \geq \dots$$

$$\geq G(x, y)(n-1) \geq G(x, y)(n) \geq \dots \geq xy. \quad (2.46)$$

Corollary 2.10

There are the following inequalities:

$$\frac{x+y}{2} \geq \sqrt{G(x, y)(n)} \geq \sqrt{xy}; \quad (2.47)$$

$$\frac{x^2+y^2}{2} \geq \sqrt{G(x^2, y^2)(n)} \geq \sqrt{xy}; \quad (2.48)$$

$$x+y+z \geq \sum_{cyclic} \sqrt{G(x, y)(n)} \geq \sqrt{xy} + \sqrt{yz} + \sqrt{zx}; \quad (2.49)$$

$$x^2+y^2+z^2 \geq \sum_{cyclic} \sqrt{G(x^2, y^2)(n)} \geq xy + yz + zx; \quad (2.50)$$

$$\frac{1}{2}(x^2+y^2+z^2+xy+yz+zx) \geq \sum_{cyclic} G(x, y)(n) \geq xy+yz+zx \quad (2.51)$$

and

$$\frac{1}{8}(x+y)(y+z)(z+x) \geq \sqrt{\prod_{cyclic} G(x, y)(n)} \geq xyz, \quad (2.52)$$

for any $x, y > 0$ and for all integers $n \geq 0$.

Proof. From Theorem 2.9, we easily deduce inequality (2.47). Using the substitutions $x \rightarrow x^2$ and $y \rightarrow y^2$ in inequality (2.47), we obtain inequality (2.48). Similarly to inequality (2.47), $\frac{x+y}{2} \geq \sqrt{G(x, y)(n)} \geq \sqrt{xy}$, we can write the following inequalities:

$$\frac{y+z}{2} \geq \sqrt{G(y, z)(n)} \geq \sqrt{yz} \text{ and } \frac{z+x}{2} \geq \sqrt{G(z, x)(n)} \geq \sqrt{zx},$$

which means, by adding, that

$$x+y+z \geq \sum_{cyclic} \sqrt{G(x, y)(n)} \geq \sqrt{xy} + \sqrt{yz} + \sqrt{zx}.$$

It is easy to see that by making the substitutions $x \rightarrow x^2$ and $y \rightarrow y^2$ in inequality (2.49), we obtain inequality (2.50). Similarly to inequality (2.44), $\left(\frac{x+y}{2}\right)^2 \geq G(x, y)(n) \geq xy$, we obtain the following inequalities:

$$\left(\frac{y+z}{2}\right)^2 \geq G(y, z)(n) \geq yz \text{ and } \left(\frac{z+x}{2}\right)^2 \geq G(z, x)(n) \geq zx.$$

By adding them, we have inequality (2.51) and by multiplying them, we obtain inequality (2.52).

Corollary 2.11. In any triangle ABC , there are the following inequalities:

$$R \geq \frac{2}{\sum_{cyclic} \sqrt{G\left(\frac{1}{h_a}, \frac{1}{h_b}\right)(n)}} \geq 2r; \quad (2.53)$$

$$s \geq \sum_{cyclic} \sqrt{G(s-a, s-b)(n)} \geq 3\sqrt{3}r \quad (2.54)$$

and

$$a^{2\alpha} + b^{2\alpha} + c^{2\alpha} \geq \sum_{cyclic} \sqrt{G(a^{2\alpha}, b^{2\alpha})(n)} \geq 3 \left(\frac{4\Delta}{\sqrt{3}}\right)^\alpha, \quad (2.55)$$

for any $n \geq 0$ and for every real numbers α .

Proof. Making the substitutions $x = \frac{1}{h_a}, y = \frac{1}{h_b}$ and $z = \frac{1}{h_c}$ in inequality (2.49), we obtain

$$\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} \geq \sum_{cyclic} \sqrt{G\left(\frac{1}{h_a}, \frac{1}{h_b}\right)(n)} \geq \frac{1}{\sqrt{h_a h_b}} + \frac{1}{\sqrt{h_b h_c}} + \frac{1}{\sqrt{h_c h_a}}. \quad (2.56)$$

From inequality (2.13), we have

$$\frac{1}{\sqrt{h_a h_b}} + \frac{1}{\sqrt{h_b h_c}} + \frac{1}{\sqrt{h_c h_a}} \geq \frac{2}{R},$$

and from the identity

$$\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} = \frac{1}{r}$$

we deduce

$$\frac{1}{r} \geq \sum_{cyclic} \sqrt{G\left(\frac{1}{h_a}, \frac{1}{h_b}\right)(n)} \geq \frac{2}{R}. \quad (2.57)$$

Consequently

$$R \geq \frac{2}{\sum_{cyclic} \sqrt{G\left(\frac{1}{h_a}, \frac{1}{h_b}\right)}(n)} \geq 2r.$$

If in inequality (2.49) we take $x = s - a, y = s - b$ and $z = s - c$, then we deduce the inequality

$$\begin{aligned} s \geq \sum_{cyclic} \sqrt{G(s-a, s-b)}(n) &\geq \sqrt{(s-a)(s-b)} + \\ &+ \sqrt{(s-b)(s-c)} + \sqrt{(s-c)(s-a)}. \end{aligned} \quad (2.58)$$

But

$$\sqrt{(s-a)(s-b)} + \sqrt{(s-b)(s-c)} + \sqrt{(s-c)(s-a)} \geq 3\sqrt{3}r,$$

which means that

$$s \geq \sum_{cyclic} \sqrt{G(s-a, s-b)}(n) \geq 3\sqrt{3}r.$$

Making the substitutions , and in inequality (2.49), we obtain the following inequality:

$$a^{2\alpha} + b^{2\alpha} + c^{2\alpha} \geq \sum_{cyclic} \sqrt{G(a^{2\alpha}, b^{2\alpha})}(n) \geq a^\alpha b^\alpha + b^\alpha c^\alpha + c^\alpha a^\alpha. \quad (2.59)$$

Applying the arithmetic-geometric mean inequality and Pólya-Szegő's Inequality, $\sqrt[3]{a^2 b^2 c^2} \geq \frac{4\Delta}{\sqrt{3}}$, we deduce

$$a^\alpha b^\alpha + b^\alpha c^\alpha + c^\alpha a^\alpha \geq \left(\frac{4\Delta}{\sqrt{3}}\right)^\alpha.$$

Therefore

$$s \geq \sum_{cyclic} \sqrt{G(s-a, s-b)}(n) \geq 3\sqrt{3}r.$$

Remark 5. a) Inequality (2.53) implies the sequence of inequalities

$$R \geq \dots \frac{2}{\sum_{cyclic} \sqrt{G\left(\frac{1}{h_a}, \frac{1}{h_b}\right)}(n)} \geq \frac{2}{\sum_{cyclic} \sqrt{G\left(\frac{1}{h_a}, \frac{1}{h_b}\right)}(n-1)} \geq \dots$$

$$\geq \frac{2}{\sum_{cyclic} \sqrt{\left(\frac{1}{h_a}, \frac{1}{h_b}\right)}(0)} \geq 2r \quad (2.60)$$

b) For $\alpha = 1$ in inequality (2.55), we obtain

$$a^2 + b^2 + c^2 \geq \sum_{cyclic} \sqrt{G(a^2, b^2)}(n) \geq 4\sqrt{3}\Delta, \quad (2.61)$$

which proves Weitzenböck's Inequality, namely

$$a^2 + b^2 + c^2 \geq 4\sqrt{3}\Delta.$$

Corollary 2.12. For any triangle ABC , there are the following inequalities:

$$2(s^2 - r^2 - 4Rr) \geq \sum_{cyclic} \sqrt{G(a^2, b^2)}(n) \geq s^2 + r^2 + 4Rr, \quad (2.62)$$

$$s^2 - 2r^2 - 8Rr \geq \sum_{cyclic} \sqrt{G((s-a)^2, (s-b)^2)}(n) \geq r(4R+r), \quad (2.63)$$

$$\frac{(s^2 + r^2 + 4Rr)^2 - 8s^2Rr}{4R^2} \geq \sum_{cyclic} \sqrt{G(h_a^2, h_b^2)}(n) \geq \frac{2s^2r}{R}, \quad (2.64)$$

$$(4R+r)^2 - 2s^2 \geq \sum_{cyclic} \sqrt{G(r_a^2, r_b^2)}(n) \geq s^2 \quad (2.65)$$

$$\frac{8R^2 + r^2 - s^2}{8R^2} \geq \sum_{cyclic} \sqrt{G\left(\sin^4 \frac{A}{2}, \sin^4 \frac{B}{2}\right)}(n) \geq \frac{s^2 + r^2 - 8Rr}{16R^2} \quad (2.66)$$

and

$$\frac{4(R+r)^2 - s^2}{4R^2} \geq \sum_{cyclic} \sqrt{G\left(\cos^4 \frac{A}{2}, \cos^4 \frac{B}{2}\right)}(n) \geq \frac{s^2 + (4R+r)^2}{8R^2}. \quad (2.67)$$

Proof. According to Corollary 2.10, we have the inequality

$$x^2 + y^2 + z^2 \geq \sum_{cyclic} \sqrt{G(x^2, y^2)}(n) \geq xy + yz + zx.$$

Using the substitutions

$$(x, y, z) \in \left\{ (a, b, c), (s-a, s-b, s-c), (h_a, h_b, h_c), (r_a, r_b, r_c), \left(\sin^2 \frac{A}{2}, \sin^2 \frac{B}{2}, \sin^2 \frac{C}{2} \right), \left(\cos^2 \frac{A}{2}, \cos^2 \frac{B}{2}, \cos^2 \frac{C}{2} \right) \right\},$$

we deduce the inequalities required.

Corollary 2.13. In any triangle ABC there are the following inequalities:

$$\frac{1}{2} (3s^2 - r^2 - 4Rr) \geq \sum_{cyclic} G(a, b)(n) \geq s^2 + r^2 + 4Rr, \quad (2.68)$$

$$\frac{1}{2} (s^2 - r^2 - 4Rr) \geq \sum_{cyclic} G(s-a, s-b)(n) \geq r(4R+r), \quad (2.69)$$

$$\frac{(s^2 + r^2 + 4Rr)^2}{8R^2} \geq \sum_{cyclic} G(h_a, h_b)(n) \geq \frac{2s^2r}{R} \quad (2.70)$$

and

$$\frac{1}{2} \left[(4R+r)^2 - s^2 \right] \geq \sum_{cyclic} G(r_a, r_b)(n) \geq s^2. \quad (2.71)$$

Proof. According to Corollary 2.10, we have the inequality

$$\frac{1}{2} (x^2 + y^2 + z^2 + xy + yz + zx) \geq \sum_{cyclic} G(x, y)(n) \geq xy + yz + zx.$$

Using the substitutions

$$(x, y, z) \in \{(a, b, c), (s-a, s-b, s-c), (h_a, h_b, h_c), (r_a, r_b, r_c)\},$$

we deduce the inequalities from the statement.

Corollary 2.14. For any triangle ABC there are the following inequalities:

$$\frac{1}{4} s (s^2 + r^2 + 2Rr) \geq \prod_{cyclic} \sqrt{G(a, b)(n)} \geq 4sRr, \quad (2.72)$$

$$\frac{1}{2} sRr \geq \prod_{cyclic} \sqrt{G((s-a), (s-b))(n)} \geq sr^2, \quad (2.73)$$

$$\frac{s^2 r (s^2 + r^2 + 4Rr)}{8R^2} \geq \prod_{cyclic} \sqrt{G(h_a, h_b)(n)} \geq \frac{2s^2 r^2}{R}, \quad (2.74)$$

$$\frac{1}{2} s^2 R \geq \prod_{cyclic} \sqrt{G(r_a, r_b)(n)} \geq s^2 r, \quad (2.75)$$

$$\begin{aligned} & \frac{(2R - r)(s^2 + r^2 - 8Rr) - 2Rr^2}{256R^3} \geq \\ & \geq \prod_{cyclic} \sqrt{G\left(\sin^2 \frac{A}{2}, \sin^2 \frac{B}{2}\right)(n)} \geq \frac{r^2}{16R^2} \end{aligned} \quad (2.76)$$

and

$$\frac{(4R + r)^3 + s^2(2R + r)}{256R^3} \geq \prod_{cyclic} \sqrt{G\left(\cos^2 \frac{A}{2}, \cos^2 \frac{B}{2}\right)(n)} \geq \frac{s^2}{16R^2}. \quad (2.77)$$

Proof. According to Corollary 2.10, we have the inequality

$$\frac{1}{8} (x + y)(y + z)(z + x) \geq \sqrt{\prod_{cyclic} G(x, y)(n)} \geq xyz.$$

Using the substitutions

$$(x, y, z) \in \left\{ (a, b, c), (s - a, s - b, s - c), (h_a, h_b, h_c), (r_a, r_b, r_c), \left(\sin^2 \frac{A}{2}, \sin^2 \frac{B}{2}, \sin^2 \frac{C}{2}\right), \left(\cos^2 \frac{A}{2}, \cos^2 \frac{B}{2}, \cos^2 \frac{C}{2}\right) \right\},$$

we deduce the inequalities required.

Remark 6. From Corollary 2.13, we obtain the inequality

$$\begin{aligned} & \frac{1}{4} s (s^2 + r^2 + 2Rr) \geq \prod_{cyclic} \sqrt{G(a, b)(n)} \geq 4sRr \geq \\ & \geq 8 \prod_{cyclic} \sqrt{G((s - a), (s - b))(n)} \geq 8sr^2. \end{aligned} \quad (2.78)$$

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