

Student Sports Survey 2025/2026 – Key Findings

During the second semester of the 2025/2026 academic year, the University of Miskolc Sports Centre conducted a student survey to better understand students' sporting habits, motivations, satisfaction with university sports services, and opportunities for future development. The survey provides valuable insights into how students use the University's sports facilities and what improvements could further enhance their experience.

The results show that students have a generally positive attitude towards sport, with the University Sports Centre playing a central role in campus life. More than half of the respondents regularly use the University's sports facilities, highlighting the importance of accessible, high-quality sports opportunities.

Students identified maintaining good physical and mental well-being, staying healthy, and completing the compulsory Physical Education course as their main motivations for participating in sports. Encouragingly, over 70% of respondents indicated that they would probably or definitely continue exercising even after completing their compulsory Physical Education requirements, suggesting that university sports help establish long-term healthy lifestyles.

The survey also revealed that the main barriers to regular participation are limited free time, academic workload, timetable conflicts, and lack of motivation. Students expressed a clear preference for a wider range of available time slots, making scheduling flexibility one of the key priorities for future service development.

Overall, students rated the University's sports facilities, equipment, and sports programmes positively. The cleanliness of the facilities received particularly high scores. While most facilities were evaluated favourably, respondents suggested that the UNI-GYM fitness centre could benefit from increased capacity and further equipment development.

Digital services also received positive feedback. The TesiApp has become the primary platform for sports registration and attendance tracking, although students expressed interest in additional communication features, such as integrated messaging. The survey also highlighted the importance of providing consistent and up-to-date information across all communication channels, including the website, TesiApp, Neptun messages, and on-site staff.

International Students

Although the English-language survey received a relatively small number of responses, the feedback was highly encouraging. International students reported an even more positive attitude towards sport than the overall student population and expressed high

levels of satisfaction with the University's sports facilities, equipment, and organised activities.

Several important recommendations emerged from their responses. International students showed strong interest in sports programmes specifically designed for the international community, as well as additional sports opportunities on Fridays and weekends. Respondents also emphasised the importance of comprehensive bilingual communication to ensure easy access to information about sports programmes, facilities, and services.

The University of Miskolc Sports Centre remains committed to continuously improving its services and creating an inclusive, welcoming, and active sports environment for both Hungarian and international students. We encourage all students to take advantage of the wide range of sports opportunities available on campus and become part of our vibrant university sports community.